



Alltrax Cycle Club

Heybrook Hill Climb

20 October 2019 Start 10:00 am

Promoted for and on behalf of Cycling Time Trials under its rules & regulations

Event secretary

Mr John Benney
1 Eddystone Road
Down Thomas
Plymouth
PL9 0AR
Mobile 077 141 26691

Timekeepers

Ian Myers
Bill Butler
Ivor Pooke – pusher off

Marshalls

Members & friends of Alltrax

Event Headquarters

Down Thomas Village Hall
Renney Road
Down Thomas

H.Q open 9am

Course details

Start at Heybrook Bay on Heybrook Drive at junction with Brookside close. Proceed on this road to Down Thomas village hall. Finish at village hall. Distance 0.9 of a mile.

Notes to riders

1. Please allow 10 mins to ride to the start. THERE IS NO PARKING AT THE START.
2. Observe the high-way code and ride with heads up at all times.
3. Do not 'white line'.
4. **Do not cross white lines on corners. Crossing the line will result in disqualification.**
5. **Keep to the left-hand side of the road at all times.**

6. Paced riding: CTT reg no. 21 must be applied at all times. Any rider seen taking pace from another competitor or motor vehicle will be disqualified.
7. Hard shell helmets are recommended.
8. In case of poor visibility, Devon and Cornwall Police, CTT and the organiser strongly recommend the use of a rear lights.
9. Under no circumstances should you ride with headphones, anyone seen doing so will be disqualified.
10. Riders must “sign off” on returning numbers to HQ. Failure to do will result in disqualification.

11. After crossing the finish line riders must proceed past village hall and turn at the “Mussell Inn” with care as there could be following vehicles.

Have a safe ride!!

Prizes

Due to the small field the prize list is reduced to reflect this

1st Overall £15

2nd Overall £10

1st Juvenile £10

1st Women £10